

Chicken Spaghetti







Chicken mince and ricotta cooked in an Italian-style tomato sauce and served over spaghetti, making a yummy, satisfying weekday dinner!

FROM YOUR BOX

CHICKEN MINCE	300g
SHALLOT	1
ТОМАТО	1
CARROT	1
TOMATO SUGO / PASTA SAUCE	1 jar
LONG PASTA	1 packet (500g)
RICOTTA	250g
ROSEMARY SPRIG	1

FROM YOUR PANTRY

oil for cooking, salt, pepper, oregano

cooking tools

frypan, saucepan

Make little chicken meatballs to serve over the spaghetti! This chicken pasta sauce is great for a simple lasagne as well!

Before you start cooking!

Rinse your veggies and lay out all your ingredients, utensils and cooking equipment, such as pans, chopping board and knife.

No gluten option - pasta is replaced with GF pasta.



1. Cook the Chicken

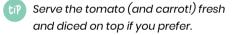
Bring a large saucepan of water to a boil (for the pasta).

Heat a frypan with **oil** over medium heat. Add chicken mince to cook, breaking up lumps with a spatula.



2. aDD the Veggies

Dice shallot and tomato. Finely grate carrot and add to pan as you go. Season with 1 tsp oregano, salt and pepper.





3. Simmer the Sauce

Stir in sugo and **1/4 jar water**. Semicover and simmer for 10-12 minutes or until reduced.



4. cook the Pasta

Add 1/2 packet pasta to the boiling water and cook according to packet instructions or until al dente. Drain and rinse.

Stir a few times to ensure the pasta doesn't stick together while cooking. Cook all the pasta for great leftovers!



5. StiR in the Ricotta

Add 1/2 ricotta to the sauce and adjust seasoning to taste with **salt** and pepper.

You can leave the ricotta out of the sauce and dollop it on at the end if you prefer!



6. finish and serve

Chop rosemary leaves. Serve pasta topped with sauce and dollops of the remaining ricotta. Sprinkle with rosemary to taste.



Toss pasta and sauce just before serving if you like!